



# Hesket Primary School - Newsletter

Term 1 – Week 4 22<sup>nd</sup> February 2019

Phone: (03) 5427 0330 Fax: (03) 5427 0720

Email: [hesket.ps@edumail.vic.gov.au](mailto:hesket.ps@edumail.vic.gov.au)

Principal: Seona Aulich

Bank details: BSB 063-806 Account No: 10023792  
Account Name: Hesket Primary School Official Account

## Diary Dates

### February

- Fri 15<sup>th</sup> – School Council nominations close
- Mon 25<sup>th</sup> – School Council meeting 4.15pm

### March

- Fri 1<sup>st</sup> – Whole school special lunch
- Wed 6<sup>th</sup> – Preps attend full-time
- Thurs 7<sup>th</sup> – School photos
- Fri 8<sup>th</sup> – Curriculum day – Staff Professional Development
- Mon 11<sup>th</sup> – Labour Day public holiday
- Mon 18<sup>th</sup> – Halogen Leadership Conference Excursion (Yr 5 students)

### April

- Fri 5<sup>th</sup> – Last day of Term One
- Tues 23<sup>rd</sup> – First day of Term Two

### Term Two

- Swimming

### 2019 Term Dates

- Term Two – 23<sup>rd</sup> April – 28<sup>th</sup> June
- Term Three – 15<sup>th</sup> July – 20<sup>th</sup> September
- Term Four – 7<sup>th</sup> October – 20<sup>th</sup> December

It feels as though the weeks are flying by now, with everyone well and truly settled.

It has been particularly nice to see the way in which the two grades work together when they join for some afternoon sessions.

On Thursday, Mr Williamson had multi-age groups set up with our older students leading conversations about what are big and little problems, and how we can go about problem solving when niggles arise!

**Students of the Week** – Congratulations to Hudson and Max for being awarded this week's Students of the Week. Hudson has been working hard, noticing the sounds he's learning everywhere and Max has been displaying a growth mindset. Well done to you both!



## Photos of the Week



*Hesket students are respectful. Hesket students are responsible. Hesket students achieve their best.*

## They're Back...



It has come to our attention that some students in the school may have head lice and we seek your cooperation in checking your child's hair this week.

Yesterday, students' hair was checked and if there was any evidence of head lice found, parents were contacted.

We seek your cooperation in checking your child's hair and in those instances where head lice or eggs are found, treating your child's hair.

If head lice or eggs are found on your child's hair you need to inform:

- the school and advise when the treatment has started
- parents or carers of your child's friends so they too have the opportunity to detect and treat their children if necessary.

## Curriculum Day

Friday the 8<sup>th</sup> of March will be a curriculum day. No students will attend school on this day. On this day, staff will be in attendance, completing professional learning.

## Swimming Program

Planning for our school's annual swimming program continues and is planned for the week commencing Monday 29<sup>th</sup> of April. The program will be held daily for the week at the Gisborne Aquatic Centre, and will be provided by qualified instructors. The cost of the program, including bus, pool entry and instructors, will be approximately \$90.00 per student. Permission notices will be sent home later this term.

## School Photos

Please note March 7<sup>th</sup> in your diary for School Photos.

## A Great Read – "Parents who raise good kids"

<http://curiousmindmagazine.com/parents-who-raise-good-kids/>

### Growth Mindset @ Heskett PS

In 2019, we continue our work in ensuring that we are building a Growth Mindset in all our students.

#### Fixed Mindset

Students with a Fixed Mindset:

- believe they need to look smart at all times - particularly high achieving students
- believe intelligence is fixed; "You've either got it or you haven't"
- don't take as many risks in their learning
- may hide/conceal deficiencies

#### Growth Mindset

Students with a Growth Mindset:

- believe that they can learn at all costs
- are engaged in a problem solving approach
- believe it's "Not about who I am, it's about how I do it"
- they believe in effort and push beyond their comfort zone

As a result they work harder, increase effort and view failure as an opportunity to increase learning.

### The difference between the Fixed and Growth Mindsets

	<b><i>Fixed Mindset</i></b>	<b><i>Growth Mindset</i></b>
Challenges	Avoid	Embrace
Obstacles	Give up easily	Persist in the face of set backs
Effort	See effort as fruitless	See effort as the path to mastery
Criticism	Include negative feedback	Learns from criticism
Success of others	Feel threatened by	Learns from others

We must place importance on praising our students for their efforts, not their intelligence. For example, "I'm really proud of how hard you've been working on your tables," instead of "I'm really proud of you for getting all of your tables correct." We must also recognise the power of the word 'yet'. When our students want to give up easily we can use the word 'yet'. Look at the following two sentences: "I can't do it," verses, "I can't do it 'yet'." The word 'yet' instils hope and helps to build a Growth Mindset. If you'd like to read more, you can download the resource <http://au.professionals.reachout.com/embracing-the-f-word> or view the following Ted Talk that focusses on positive praise.

[http://www.ted.com/talks/carol\\_dweck\\_the\\_power\\_of\\_believing\\_that\\_you\\_can\\_improve?language=en](http://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve?language=en)

# Getting Involved at Hesket

One of our school priorities is to extend the level of Student Voice and Agency our students have in their school. And this extends to our community as well.

I know that many of you would like to contribute to our school in some way.

This may be by way of donating time in the classrooms, to school fundraising, School Council, classroom programs, working bees or by improving the grounds.

If you would like to be more involved at Hesket or have particular skills that would support our learning programs, I'd love to hear from you.

Parent Name: \_\_\_\_\_

Student Name/s: \_\_\_\_\_

I have particular skills/knowledge in the following area/s:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Technology             | <input type="checkbox"/> Administration | <input type="checkbox"/> Social/Community Engagement |
| <input type="checkbox"/> Canteen                | <input type="checkbox"/> Cooking        | <input type="checkbox"/> Classroom Support           |
| <input type="checkbox"/> Gardening/Horticulture | <input type="checkbox"/> Landscaping    | <input type="checkbox"/> Instrumental Music          |
| <input type="checkbox"/> Science                | <input type="checkbox"/> Sustainability | <input type="checkbox"/> Making Resources            |

Or... the many more talents that are not listed above,

Such as:

\_\_\_\_\_

\_\_\_\_\_

If you've got any queries at all, please pop by to chat to me,

Seona